

The Arc Express

your monthly newsletter

February 2021



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For and with individuals with disabilities.



**Welcome to the Arc Jackson
County's monthly newsletter.**

Achieve with us.

The Arc is dedicated to enhancing the lives of people with developmental disabilities and their families by providing community awareness, advocating needed services, and fostering self-sufficiency.

[READ MORE](#)



The Arc Jackson County

541.779.4520 | 121 North Central Avenue, Medford, OR 97501



LEARN & GROW

A variety of online learning opportunities



The Arc Oregon's Online Education Platform

With the launch of our new online community in 2020, we are pleased to offer access to our own curriculum directly through our website. Check out offerings in ***Advocacy, Future Planning, Supported Decision Making***, and more!



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THE LATEST ON COVID

Keeping you updated



Covid-19 News & Information

Click on the following links to learn more

A woman with long dark hair, wearing a blue shirt, is shown from the chest up, looking upwards and to the right with a thoughtful expression, her hand resting on her chin. The background is a dark chalkboard with white chalk text. To the left of the woman are three small thought bubbles. A large thought bubble on the right contains the following text:

Should I get the vaccine?
Where & when can I get the vaccine?
What about travel?
Jackson County Data

Below the thought bubble, the text reads:

Questions? Call us!
541.779.4520

In the bottom right corner of the chalkboard, the text 'Be Safe Mask Up' is written in orange cursive. Below this is the Oregon Health Authority logo.

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DIRECT SERVICE PROFESSIONALS



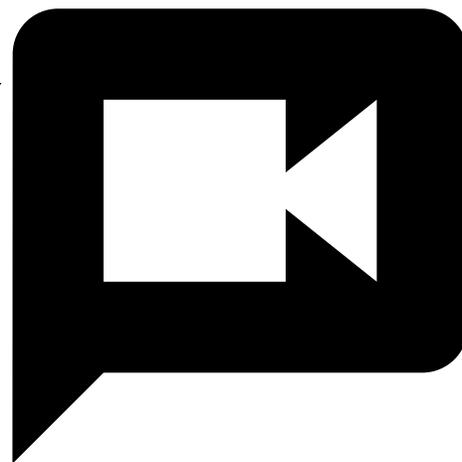
A Person-Centered Approach...Always

Do You Need Support?

If you or your loved one qualify for Developmental Disability Services through the State of Oregon, you may be eligible for a Direct Service Professional. The Arc Jackson County offers DSPs and does a great job finding the right fit for you!

WATCH

TOBY'S STORY



Contact Michelle

541-779-4520

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FEBRUARY EVENTS



Take a look at upcoming events & training opportunities -- all online!

04

Transition to Kindergarten by FACT Oregon

Kindergarten means lots of changes for your child experiencing disability. Get tips and tools for a successful year, learn about the Individualized Education Program (IEP) and how to be your child's #1 fan and advocate. Translation available.
7:00 - 9:00 p.m.
[REGISTER HERE](#)

18

Navigating the Teen Years: Supporting Youth on the Autism Spectrum by Swindells & Autism Speaks

Please join Rowan Hill-Walko, Autism Specialist, as she shares tips for navigating the teen years for youth on the Autism spectrum including communication and social awareness, independence, behavior, physical and emotional wellness, and transition to adulthood. Translation available.
6:00 - 7:30 p.m.
[REGISTER HERE](#)

09

Planning for the Transition to Adult Health Care by Swindells

Are you and your young person ready for the changes in health care that happen when they turn 18? Join us to learn about practical tools for managing health care transitions as well as for preparing your young person to be their own health care advocate. Translation available.
6:00 - 7:30 p.m.
[REGISTER HERE](#)

20

Early Childhood Education Virtual Summit by FACT Oregon

New services, new acronyms, and a new diagnosis. During this virtual learning summit we will explore highlighting your child's strengths, understanding special education services for little ones and the transition to kindergarten, and participate in panel discussions on inclusive settings, understanding LICC's, and behavior in little ones. Translation available.
10:00 a.m. - 2:00 p.m.
[REGISTER HERE](#)



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