The Arc Express

your monthly newsletter

September 2020

The Arc Jackson County

EVENTS DONATE CONTACT US

For and with individuals with disabilities.

Welcome to the Arc Jackson County's monthly newsletter.

Achieve with us.

The Arc is dedicated to enhancing the lives of people with developmental disabilities and their families by providing community awareness, advocating needed services, and fostering self-sufficiency.

READ MORE

The Arc Jackson County
541.779.4520 | 121 North Central Avenue, Medford, OR 97501

THE LATEST

The Arc is doing its best to respond to community needs while keeping people safe.

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Event Updates

Coronavirus has kept us all from enjoying many of the wonderful things we love. As you know, Live to Dance 2020 was canceled, along with our 1st Saturday Community Dances. Now, we are sad to announce the cancellation of our Annual Picnic. Please know our number one priority is keeping our community safe and healthy. Holding events at this time is not only against mandate but irresponsible.

In the meantime, please enjoy our virtual events, like "Music Matters!" And stay tuned for updates on future events, such as our Drive-Thru Holiday Party with Santa!

STAY STRONG. STAY SAFE.

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MOVING FORWARD

The Arc is making some big changes in order to better serve the community!

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CSP (Covid Supports Program)

The Arc has received a grant from the Oregon Health Authority to offer support and wrap-around services to our community members directly affected by Covid-19. Stay tuned to find out more, including how to get help or refer someone!

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SEPTEMBER EVENTS

Take a look at upcoming events & training opportunities -- all online!

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02

Online All Abilities Play Group *by Swindells*

Held each Wednesday through October 7th. For families of NICU graduates and families of babies with unique conditions not well-served by traditional play groups, birth to 9 months.
10:30 - 11: 30 a.m.
To register, call 833-868-4769

03

Virtual Parent Coffee *by Bridging Communities*

Join Bridging Communities online, and meet other parents of children with disabilities!
9:00 - 11:00 a.m.
CLICK HERE TO JOIN

09

Supporting Children and Teens *Dealing with Challenging Behaviors During Covid-19, Part 1 by Swindells*

Join Nate Sheets from Oregon Behavior Consultation for this two-part series to learn: basics of supporting children with challenging behaviors or cognitive struggles during COVID-19, why many attempted strategies fail to work, The Cognitive Supports™ model and practical strategies you can use immediately.
6:30 - 7:30 p.m.
Register HERE

10

You've Got This! *Overcoming the Challenges of Remote Learning by Swindells*

Supporting the needs of diverse learners at home can seem overwhelming at times. Lynn Roussell, Occupational Therapist, will discuss supports and strategies for a more positive experience.
6:00 - 7:00 p.m.
Register HERE

12

Preparándose Para el Próximo Año Escolar 20-21 *by FACT Oregon*

El año escolar 20-21 se verá diferente. Este webinar explorará formas de planificar el próximo año escolar, ya sea que la escuela de su hijo(a) incluya aprendizaje en persona, aprendizaje hybrid/híbrido o aprendizaje integral a distancia/comprehensive distance learning. ¡Compartiremos formas de compartir información valiosa con el personal de la escuela acerca de su hija(o), y le brindaremos consejos y herramientas que le ayudarán en este camino!
10:00 - 11:00 a.m.
REGISTRACIÓN

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Planning for the Upcoming School Year *by FACT Oregon*

The 20-21 school year will look different. This webinar explores ways to plan for the upcoming school year, whether your child's school includes in-person learning, hybrid, or Comprehensive Distance Learning. We'll share ways to provide valuable information and insight to school staff about your child, and leave you with tips and tools that support you along your way!
12:00 - 1:00 p.m.
Register HERE

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IEP Meetings: Preparation and Participation *by FACT Oregon*

Whether the IEP team is meeting virtually or in-person, your participation is essential! We'll discuss your important role in the IEP meeting, provide tips to help prepare for your child's IEP meeting, and considerations when participating in IEP meetings.
7:00 - 8:00 p.m.
Register HERE

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Reuniones de IEP: Preparación y Participación *by FACT Oregon*

Ya sea que el equipo del IEP se reúna virtualmente o en persona, ¡su participación es esencial! Discutiremos su importante papel en las reuniones de IEP, compartiremos ideas que le ayudarán a prepararse para la reunión de IEP de su hijo(a) y consideraciones cuando participe en las reuniones de IEP.
7:00 - 8:00 p.m.
REGISTRACIÓN

22

Supporting Your Complex Child, Part 1 *by Swindells Co-occurring Mental Health and Developmental Disability Diagnosis*

Managing Distress
6:00 - 7:30 p.m.
Register HERE

23

Understanding Goals, Modifications, and Accommodations *by FACT Oregon*

Learning will look different this year. Join us as we highlight and define SMART goals, explore how modifications can support learning in the classroom, and ways accommodations can remove barriers to your child's education.
9:00- 10:00 a.m.
Register HERE

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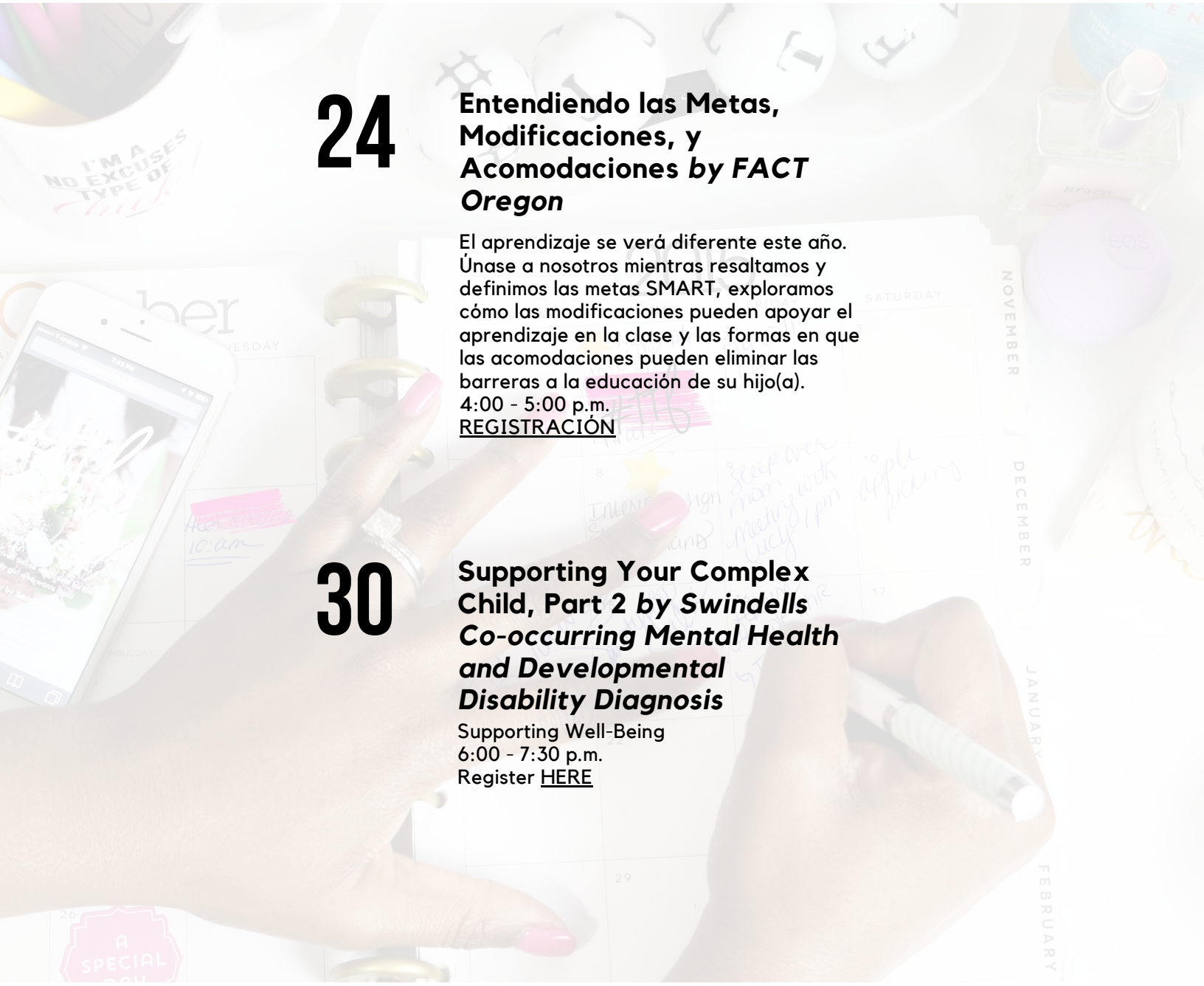

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Entendiendo las Metas, Modificaciones, y Acomodaciones *by FACT Oregon*

El aprendizaje se verá diferente este año. Únase a nosotros mientras resaltamos y definimos las metas SMART, exploramos cómo las modificaciones pueden apoyar el aprendizaje en la clase y las formas en que las acomodaciones pueden eliminar las barreras a la educación de su hijo(a).
4:00 - 5:00 p.m.
REGISTRACIÓN

30

Supporting Your Complex Child, Part 2 *by Swindells Co-occurring Mental Health and Developmental Disability Diagnosis*

Supporting Well-Being
6:00 - 7:30 p.m.
Register HERE

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