

The Arc Express

your monthly newsletter

August 2020



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For and with individuals with disabilities.



**Welcome to the Arc Jackson
County's monthly newsletter.**

Achieve with us.

The Arc is dedicated to enhancing the lives of people with developmental disabilities and their families by providing community awareness, advocating needed services, and fostering self-sufficiency.

READ MORE



The Arc Jackson County

541.779.4520 | 121 North Central Avenue, Medford, OR 97501



VOTING



The Arc wants to make sure you are informed and registered to vote. Your voice and vote has power!

Voting Information

Voting is very important. It is a way for you to help choose the people that will run our government. Our government makes laws, decides how money gets spent, and much more. Who gets picked to run the government makes a big difference for people with disabilities and their families. If you do not vote, then you do not get a say in what happens. Check out the resources below to make sure you have the information you need to make your vote count!

Resources

- Pledge to vote [HERE](#)
- Register to vote [HERE](#)
- Other important resources [HERE](#)



**Email us for more information or
if you need help to register!**



MOVING FORWARD



The Arc is making some big changes in order to better serve the community!

Big Changes

There is no doubt that Covid-19 has affected our community, and The Arc is no exception. Change is difficult, but we are excited for the opportunities in front of us! Our commitment, as we MOVE FORWARD, is to honor our person-centered mission and values. A progressive approach to disability-related issues is critical if we are to honor the I/DD Community. New programs are emerging, so be sure to check out our [website](#) and [Facebook page](#) regularly!

The Latest...

Please help us by completing this [short survey!](#)

Thank you!

- The Thrift Store is permanently closed
- We are excited to offer [Future Planning](#) services
- Coming soon...[Supported Decision Making Training](#)
- Coming soon...CSP (Covid Support Program)
- Jam to your favorite tunes with [Music Matters](#)
- We have expanded our [DSP Program](#)



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AUGUST EVENTS



Take a look at upcoming events & training opportunities -- all online!

06

Virtual Parent Coffee

Join Bridging Communities online, and meet other parents!

9:00 - 11:00 a.m.

[CLICK HERE TO JOIN](#)

08

All Ability Tri4Youth 2020 Virtual Challenge

Join FACT Oregon for the All Ability Tri4Youth 2020 Virtual Challenge!

Together, wherever we are, we can be **HEALTHY**, stay **ACTIVE**, keep **SAFE**, and feel **CONNECTED**!

Find out more and register [HERE](#)

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Back to School Tips & Tools

Join Heather Olivier, Program Coordinator from FACT Oregon, and learn helpful back to school tips like developing a "one-page profile", how to best support your child during COVID restrictions in the classroom and other environments, using social stories to help with school expectations and establishing and maintaining bedtime routines.

6:30 - 7:30 p.m.

Register [HERE](#)



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